



GENERAL POST-OPERATIVE INFORMATION FOR OUT-PATIENTS AFTER GENERAL ANAESTHETIC

The effects of drugs will last for some hours following anesthesia:

Therefore:

1. You **must NOT** drive an automobile or operate hazardous machinery for 24 hours
2. You **must be ACCOMPANIED** to your residence by a responsible adult even if travelling by taxi or public transportation. A responsible adult should stay with you for the remainder of the day and overnight. If you have small children, you should not be responsible for their care for at least 24 hours.
3. For 24 hours after anesthesia, you are advised **NOT TO** consume alcohol.
4. You may eat foods that you are able to tolerate without feeling sick to your stomach.
5. **DO NOT** over-exert yourself. Limit your activities for 24 hours and do not do any heavy work or sports.
6. Take the medication prescribed by your physician for pain. If the pain is severe and not relieved by the medication, call your physician.
7. Nausea, sore throat and muscle pain may occur after an operation. If you have unusual affects from the operation, contact your doctor.

Breastfeeding Mothers:

Once the patient is alert enough to breastfeed, the amount of anesthetic in her milk will be insignificant, therefore, expressing/pumping milk and discarding it is not necessary. However, it is recommended that the breast-feeding mother watch for any changes in the baby with any new exposure.

NOTIFY YOUR PHYSICIAN if you experience any of the following:

1. **Temperature of 100 F or 37.5 C, or greater.**
2. **Excessive pain or vomiting.**
3. **Excessive swelling of, or around your surgery area.**